



# SWADICHA COMPANY PROFILE

Cold-Pressed / Wood-Pressed Oils for a Healthier You

By Swaroop Oils

[www.swadicha.com](http://www.swadicha.com)



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# About SWADICHA Oils

At **SWADICHA** Oils, our goal is simple: to bring the richness of nature's oils, crafted the traditional way, straight to your kitchen.

Each oil is made using the age-old wood-pressing method, a natural process that carefully extracts oils without using high heat or chemicals. This traditional method preserves the oils' natural nutrients, flavors, and benefits, making them healthier and tastier.

Our oils are not only pure and chemical-free but also produced with a deep respect for our environment.

When you choose **SWADICHA**, you're choosing health, quality, and the authentic taste of nature.

## - Swadicha oils



## Vision

01. Our vision is to reconnect people with the purity and health benefits of traditional, naturally made oils. We believe that going back to nature is the way forward, so our vision is to lead a movement that reintroduces the goodness of wood-pressed oils to every Indian home. By making pure, traditional oils accessible, we hope to inspire healthier lifestyles and support wellness across generations.



## Mission

01. **Purity and Quality:** To produce oils that are pure, natural, and free from chemicals.
  02. **Sustainability:** To protect nature by using eco-friendly methods and sustainable sourcing.
  03. **Health Benefits:** To support healthier lifestyles by offering nutrient-rich oils with traditional benefits.
  04. **Customer Trust:** To deliver high-quality products you can trust for your family's health.
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# Our Products

## 01. Coconut Oil



SWADICHA Coconut Oil is extracted by carefully wood-pressing fresh coconuts. This traditional method locks in the oil's natural goodness, preserving antioxidants and essential fats. Known for its many uses, from cooking to skincare, our coconut oil brings a light, natural coconut aroma that's great for your health and adds a delicious flavor to your dishes.

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# Our Products

## 02. Sunflower Oil



Light and nutritious, our sunflower oil is perfect for Indian cooking. It's packed with vitamin E, which helps improve skin health and boosts immunity. The gentle, nutty flavor enhances your recipes without overpowering them, making it ideal for everyday meals and healthy frying.

# Our Products

## 03. Groundnut Oil



SWADICHA Groundnut Oil, made from quality groundnuts, is rich in protein and healthy fats. Known for its unique aroma and flavor, it's excellent for deep frying and traditional Indian dishes. Wood-pressed groundnut oil brings out the best taste in every recipe while providing nutrients that promote heart and brain health.

# Our Products

## 04. Mustard Oil



**SWADICHA Mustard Oil is rich in omega-3 and omega-6 fatty acids, which support heart health. Known for its distinct, bold flavor, it's a popular choice for Indian cooking and is often used in marinades, pickles, and curries. Mustard oil is also known for its antibacterial properties, adding both health benefits and flavor to your meals.**

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# Our Products

## 05. Sesame Oil



Our sesame oil is made from premium sesame seeds, offering a rich and earthy taste that's loved in various cuisines. Sesame oil is valued for its high calcium and iron content, which supports bone health, skin nourishment, and overall vitality. It's perfect for adding depth to dishes and is a wonderful option for healthy cooking.

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# Why Choose Us?



## 01. Traditional Wood-Pressed Method:

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Wood pressing keeps the natural nutrients intact, making our oils healthier and tastier.

## 03. Nutrient-Rich and Natural:

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Each bottle is packed with essential nutrients that help improve immunity, heart health, and digestion.

## 05. Trust and Transparency:

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SWADICHA oils are crafted with a commitment to quality, purity, and honesty.

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## 02. Chemical-Free and Pure:

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Our oils are free from any additives or chemicals, ensuring you get only the goodness of nature.

## 04. Eco-Friendly Production:

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We take pride in sustainable practices that care for our planet.



# Customer Testimonials



**Prakash Kamble**

Absolutely love the purity and quality of Swadicha oils! Perfect for healthy cooking and truly enhances the flavor of my dishes.



**Prajka Mane**

Best quality oils I've tried natural and full of flavor!



**Shweta Mathkar**

Excellent quality oils that are rich in taste and ideal for daily use. So glad I found Swadicha!



**Manoj Gawde**

Highly recommend for authentic oils with genuine health benefits. Outstanding quality!

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SWADICHA™

Swadich  
Oils

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# Contact Information

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